



## CROSS-COUNTRY SKIING IN JERIS

**Hotel Jeris has been a popular resort for Finnish cross-country skiers for over 20 years, also numerous international ski-teams start their training season here in Muonio with the early first snow. Come and enjoy the nature in this quiet hideaway hotel next to Pallas-Ylläs national park, discover the best of the over 250km of ski-tracks and enjoy the warm and personal service of Harriniva Hotels & Safaris!**



### **Saturday - Arrival**

You will arrive at Kittilä airport and be transferred to Hotel Jeris. Get familiar with your accommodation and the hotel. Enjoy the dinner.

### **Sunday - Training day (10 km)**

After breakfast, meet with the guide, check the equipment and receive information about skiing in the area, and of right waxing for local conditions. After this, first skiing tour on the frozen lake. Get the first impressions of the magnificent nature around you and breath deep the clean air. We will enjoy the lunch in the hotel. Warm sauna and the warm water pools of Jeris Spa are waiting as we return to the hotel. The brave ones can also take a dip to the ice hole! Delicious dinner in the evening.



### **Monday - lake landscapes (15km)**

*Jeris – Särkijärvi – Kropio – Jeris*  
After breakfast we start the day trip along the lake track towards Särkijärvi lake. Enjoy the well-maintained tracks on the lake plane, behind you are the Pallas hills and the endless forest landscape. During the day, we enjoy packed lunch by an open fire. Sauna and dinner. The tracks follow mainly lakes and some parts of forest.





**Tuesday - meet the reindeer (15km)**

*Jeris – Torassieppi – Jeris*

After breakfast, we ski along the forest tracks towards Torassieppi Reindeer Farm. In the Farm, we shall see a slide show about reindeer herding, learn of the life of these arctic animals and their herders in a small museum, and also visit the reindeer in the fence. Lunch is served by the fire in a traditional “kota” tepee building. In the afternoon, we ski back to Jeris. Sauna and dinner.

**Wednesday - national park (15km)**

*Pallas –Mustavaara - Jeris*

After breakfast transfer by minibus to Pallas –Ylläs National Park (10 km). In Pallas Nature Centre, we learn more about national park through slide show and exhibition. We ski towards Jeris through amazing untouched forest of the national park and have lunch break in Mustavaara wilderness cabin. Track is rather easy as it is mainly downhill. Sauna and dinner in the hotel.

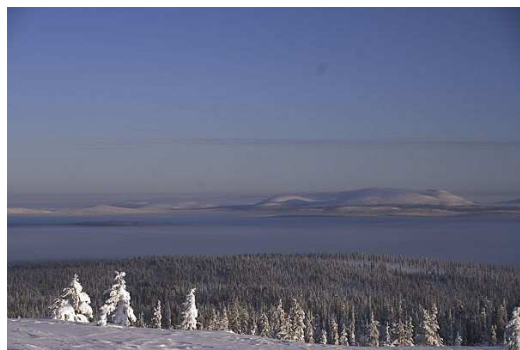
**Thursday - up the hill (30km)**

*Jeris – Särkitunturi – Jeris*

This is the most demanding, but from the landscape on the top also most rewarding day. Track follows first lake area, forest and finally comes up to Särkitunturi fell, which is about 500 m high. Stunning scenery! The best known highest peaks in the area, as well as the national park can be seen in clear weather from Särkitunturi peak. Packed lunch on the way. In the afternoon sauna is very welcome to soften those muscles. Get together with the group and the guide for the last time to recall the weeks activities during delicious farewell dinner with Lappish specialities.

**Friday - Departure**

After breakfast transfer back to Kittilä airport.





- Duration:** 7 days / 6 nights
- Dates:** 3.3.-9.3.2012 and 10.3.-16.3.2012  
or on request for groups of min. 6 persons.
- Group size:** 4-12 persons
- Rate:** 980€ / person

Price includes accommodation in hotel room, full board, programme as described, guide's services all week. The week demands fairly good physical condition and some experience in cross-country skiing. The daily distances are approximate and changes can be done due to the weather or other conditions. The guide is a qualified skiing instructor

- Supplements:** Accommodation in a cabin: 40€/person (when 2-4 persons/cabin)  
Single supplement: 240€/person in a hotel room  
350€/person in a cabin

- Extra nights:** 90€ /person in a double room  
130€ /person in a single room;  
100€ /person in a cabin (2-4 persons/cabin)

**Transfer supplement for other than Finnair and Blue1 scheduled flights:** 40€ / person / way

We offer a wide variety of safari programmes for each day of the week! Prolong your stay and try for example a husky safari, snowmobile driving, a night in a snow igloo or rent a pair of snow shoes for your own excursion in the surrounding nature.

- Ski rental:** 70€ / week



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